

Work and Health in the Time of COVID-19: A Longitudinal Study (additional Corona-related funding)

Initiative: Momentum - Förderung für Erstberufene

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A longitudinal study was started in December 2019 to investigate, using monthly data collections from a large national sample in Germany, how work characteristics and employee behavior relate to physical and mental health. In the continuation of the study the results could show how changes in work arrangements due to the COVID-19 pandemic influence health over time and how people can effectively cope with this crisis, potentially even enabling personal growth. The findings will have significant practical implications for the design and implementation of interventions to improve the health and wellbeing of employees, and they can help organizations prepare for future crises.

Projektbeteiligte

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