

## **The long-term effects of Corona on mental health: Trajectories of adaptive and maladaptive coping**

Initiative: Corona Crisis and Beyond – Perspectives for Science, Scholarship and Society (beendet)

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Laufzeit: 1 Jahre 6 Monate

This project plans to unravel the long-term effects of the current Corona pandemic on mental health and psychopathology. The team will identify how the interaction of stable personal and behavioral characteristics with state changes following constraints such as social distancing determines how individuals cope with Corona-related burdens and adapt to the consequences of the crisis. This identification of crucial predictors of mental health and psychopathology will allow targeted treatments and the development of preventive measures for future challenges.

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